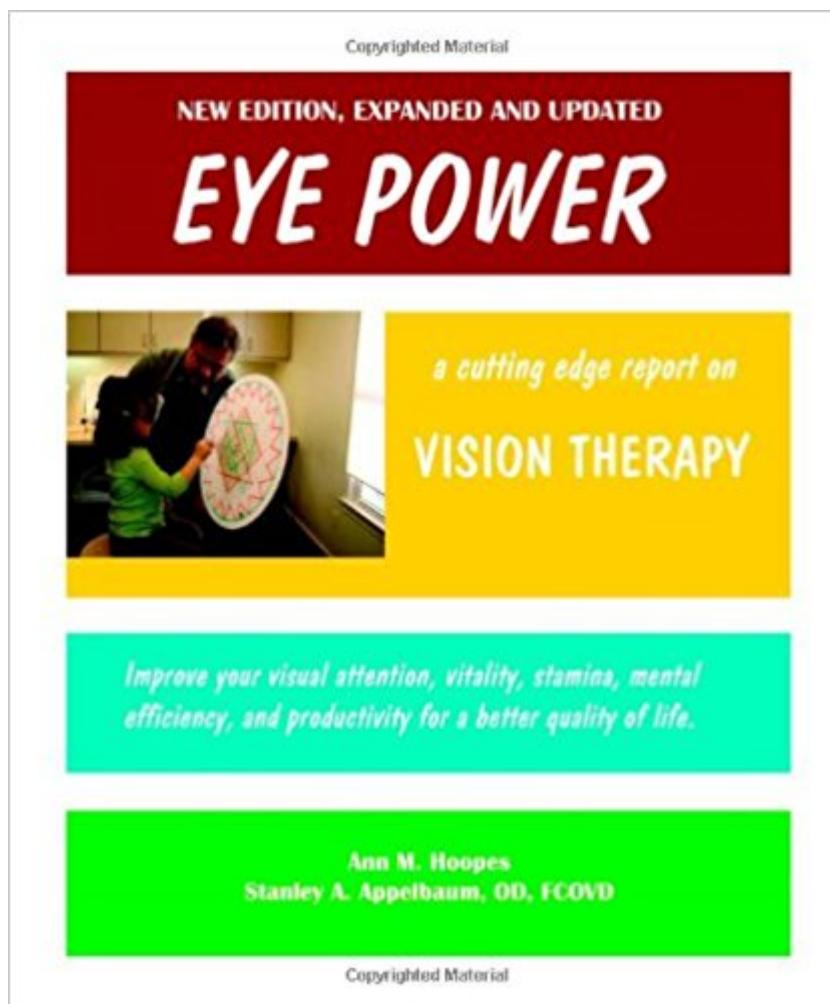


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# Eye Power: An Updated Report On Vision Therapy



## **Synopsis**

"Eye Power" is a must read to help open doors of insight and help gain answers for those who struggle with ADHD, Autism, Acquired Brain Injury, sports and learning. "Eye Power" can help turn your challenges into success! Enjoy this very easy to read book that can greatly improve your family and friends quality of life. Learn how a reluctant reader can become an avid reader by doing the procedures described in this book.

## **Book Information**

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## **Customer Reviews**

Dr. Appelbaum, a Fellow of the College of Optometrists in Vision Development, is in private practice with his wife Barbara Bassin, OTR/L, BCP in Bethesda and Annapolis, Maryland, combining Vision Therapy with Sensory Integration Occupational Therapy in the same office. He is Board Certified in Vision Therapy, and lectures on topics related to infant vision development, visually related learning difficulties, visual problems of special needs children and adults, bright children and adults who do not like to or get fatigue when they read, vision rehabilitation for TBI/stroke, strabismus, amblyopia, and the visual demands of computer use and sports vision. Dr. Appelbaum, author of Eye Power ([www.EyePowerBook.com](http://www.EyePowerBook.com)), is an Adjunct Clinical Professor at the Southern College of Optometry and has served on the Board of Sensory Integration International. He has also served on the Board of the College of Optometrists in Vision Development and has medical staff privileges at the Maryland Adventist Rehabilitation Hospital and the National Rehabilitation Hospital in Washington, DC, where he treats patients with visual problems associated with brain injury.

'Eye Power' is an engaging book on vision therapy that is able to do what very few books can--bring the reader into each and every detail. I've worked with vision therapy patients, who after reading the book, have told me they felt as if it was their life being described word for word. They explained it as a sort of epiphany realizing their vision problems can finally be helped. 'Eye Power' approaches vision therapy and behavioral optometry in a manner ideal for patients, parents, healthcare professionals, as well as those just looking for answers not being given by mainstream healthcare. Through the use of detailed stories and years of clinical experience, the authors do a service to educate the public that vision problems don't need to be "dealt with" or "suffered through"--fully functional vision after a brain injury is possible; correcting visual problems can play a role in helping ADHD; reading can absolutely be fun and easy; and vision can be taken to the next level for sports. 'Eye Power' is a book with a countless amount of information, and similar to vision therapy, how much you get out of it depends upon how much you put into it.-Dr. Tanner Gates

It's a treat to read a concise, clear explanation of how vision impacts learning and performance. It includes wonderful explanations and stories to help the reader understand the importance and successes of vision therapy in improving learning, attention, coordination and overall performance. "Eye Power" is an easy to read book that parents, educators and professionals will love!Dr. Lynn F. HellersteinAuthor of *See It. Say It. Do It! The Parent's & Teacher's Action Guide to Creating Successful Students & Confident Kids*

I'm looking forward to trying the exercises in the book.

A must read for anyone with a closed head injury or traumatic brain injury

Perhaps I was expecting too much, but I found this book very simplistic, and poorly written. I am a professional and have found in some of my patients many of the problems described in the book. I was hoping for a more in depth explanation than what was provided. This book is definitely written for non professionals, and presents vision therapy as an important treatment for a number of conditions. Yet, there is little to no substantiating evidence presented, and if one accepts everything at face value, they might assume possibly complex medical problems can be explained by poor vision alone. The book is filled with anecdotal stories and vague references such as "research has shown", without providing enough details of such research from which to determine how effective their treatment actually was. At times the authors use terms that they do not define and are not

listed in either the glossary or the index. I was hoping that at a minimum, some of the exercises could be useful for some of my patients. However, the instructions are not clear and incomplete. For example, The Peripheral Expansion exercise refers to a chart in the book with the instructions to stare at the dot in the center of the chart while looking at surrounding letters. However, there is no dot in the center of the chart. Another exercise, the Infinity Walk describes walking in a figure eight while "looking at a specific object in the room-a visual target". However, there is no explanation of where that target should be (e.g. In front, to the side, eye level, ground level), nor what to do with the gaze when turning around. It's too bad the book wasn't better written as there is a need for this information. Unfortunately, the style in which it is written makes it easy for critically thinking patients and professionals to dismiss the content.

If you are looking for a book to provide you with basic information on vision and vision therapy with regard to eyes. This is the book for you. It keeps everything as simple as possible, but still provides all the information you need. Great book!!!

Informative and definitely understandable for all who read it. Good ideas in there at end of book to try, easy to implement!

I have been researching this topic for a very long time and this book was just what I was looking for. This is the most detailed information I could possibly find about Vision Therapy and I really do hope that more and more parents will discover Vision Therapy for their struggling children. I am glad I did and the results are stunning.

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